



The KNOWLEDGE FORUM

Presents...an Evening Workshop

Toilet Training Techniques & Tips for Individuals with Down Syndrome and Other Disabilities

When: Wednesday, September 21, 2022

Where: Online via Zoom

Time: 6:00 - 7:00pm

Admission: Free

Required: [Sign Up Here](#) (or scan the code)

to register and receive further instruction to join.



Join us for this informational hour with expert presenter Katie Rinald of Blackbird Toileting Services. Katie will start with an overview of some toileting myths, a FAQ on toileting for kids with Down syndrome, and a general outline of the program that Blackbird has shared with families around the world for this often-challenging task. She and her staff have taught hundreds of tips and techniques along the way that are proven effective. At the end of the hour, we will allow time for questions from participants.

Centre Region Down Syndrome Society and the Knowledge Forum Committee are pleased to bring Katie and her skills to share with our extended community.



I am so thankful for Katie's help with toilet training my son! After trying several other methods without success, we finally saw the results we were hoping for. Katie's approach is suitable for individuals of all ages and abilities. In addition to an effective program, Katie also has a variety of tips and tricks to make toileting easy, effective, and even fun!

Stacey Herncane, Mother to Elliot



Dr. Katie Rinald is a Board Certified Behaviour Analyst specializing in toileting support for learners of all ages with developmental disabilities. Based in Vancouver, BC, Katie and her team at Blackbird Toileting Services provide consultation to families and schools all over the world, using positive and person-centered methodology to make toilet learning successful and FUN!



www.blackbirdtoileting.com

The Centre Region Down Syndrome Society's **Knowledge Forum** is a volunteer-run effort to identify and develop topical programs on a variety of issues helpful to families, caregivers and people in our community. The Knowledge Forum format is meant to be a flexible platform that can offer both open-forum roundtables and expert presentations, focusing on complex issues that affect people at every stage of life—from IEP/ early intervention advice for young children to legal matters facing our adult children. In our workshops we will present a variety of perspectives: expert advice from professionals as well as personal testimonies and journeys of members of our community. Workshops will be scheduled throughout the year and we are always open to suggestions for topics.